

Post Operative Care after Dental Implants

Remember, the ultimate success of your Dental Implant depends upon your active cooperation and participation in treatment and care after surgery. The guidelines below instruct you in proper care following the placement of your implant. The first 2 weeks after surgery are most important.

Diet

Only clear, preferably cool liquids should be consumed on the day of surgery. A mild temperature, nutritionally balanced, soft diet should be adhered to during the first 2 weeks. After the first 2 weeks, a progression to regular food will be discussed.

Bleeding

Some oozing of blood may be experienced from the surgical site for the first few hours. Your saliva may be tinged with blood for the remainder of the day. If bleeding becomes persistent, apply direct pressure with gauze for 20 minutes to help stop it. If this does not stop the bleeding, please contact us.

Swelling

Swelling may be minimized by keeping head elevated while at rest. Use ice packs on the outside of the face at for 20 minutes on and 20 minutes off for the first 24 hours.

Discomfort

Your jaw and lip will remain numb for 3-6 hours. You should begin taking prescribed pain medication while still numb to decrease the onset of pain. If you should experience more than mild discomfort, contact us.

Fever

A slight elevation in temperature is not uncommon on the evening of the surgery. However, fever should not exceed 101 degrees. If so, contact us.

Infection

Infections may occur on the day or several days following surgery. A sudden increase in swelling, throbbing pain, high fever and/or foul tasting drainage may indicate infection. If you suspect an infection you should call the office immediately.

Bruising

Bleeding into the tissue around the jaw results in bruising a few days after surgery. Do not be alarmed. Some patients have more bruising than others. These areas will fade in color as they move toward the neck and shoulder area the week following.

Alcohol

Alcohol should be avoided especially during the first 2 weeks after surgery.

Contact

If you have any questions or problems, please don't hesitate to call us at (817) 431-9566 Monday, Tuesday, Thursday 8:00am-5:00pm, Wednesday and Friday 8:00am-3:00pm.