

## **Pre-Operative Instructions**

If you are having I.V. Sedation or General Anesthesia, **you must not have anything to eat or drink for eight (8) hours prior to your appointment.** Routine daily medications or premedication may be taken that morning with only a small sip of water. An over the counter acid blocker (i.e. Pepcid AC or Zantac) is recommended the night before for patients having I.V. Sedation or General Anesthesia

If you are having I.V. sedation, **a responsible adult must accompany you, be present during the duration of the surgery, drive you home and stay with you for the duration of the day.** You may not care for children, drive or operate machinery that day.

If you have any questions about routine oral medications, please check with our office prior to your surgical date. Most regular daily medications including Blood Pressure medicine should be taken at regular times. Diabetes medications may be reduced to adjust for alteration in your diet. Consult your physician about holding or reducing blood thinners prior to oral surgery.

Patients having sedation should not wear contact lenses, jewelry, make up or nail polish.

Loose fitting clothes preferably with a shorter sleeve should be worn to all surgical visits. Do not wear high heel shoes or flip-flops. Please wear a comfortable flat shoe that will stay on your feet.

If you have an illness such as a cold, sore throat, stomach or bowel upset, please notify the office.

Children having Inhalation Sedation (Nitrous Oxide) **should have nothing to eat or drink for eight (8) hours prior to appointment.**

If you are having Local Anesthesia only, you may eat a light meal prior to your appointment.

Please avoid bringing small children to your surgical appointment if at all possible.

Financial questions and arrangements should be discussed in advance to your scheduled treatment. Patient portion of payment is due 24 hours prior to surgery.